

SELF- REFERRAL

Substance Abuse Prevention
Program

What does the regulation say?

AR 600-85 • 24 March 2006

- **Section II**
- **Limited Use Policy**
- **6-3. Objective**
- The objective of the “Limited Use Policy” is to facilitate the identification of alcohol and other drug abusers by encouraging identification through self-referral.
- In addition, **the policy is designed to facilitate the treatment and rehabilitation of those abusers who demonstrate the potential for rehabilitation and retention.**
- When applied properly, the “Limited Use Policy” does not conflict with the Army’s mission or standards of discipline. **It is not intended to protect a member who is attempting to avoid disciplinary or adverse administrative action.**

WHAT IS SELF REFERRAL?

A self-referral is when a soldier voluntarily comes forward and admits that he/she has a substance abuse problem BEFORE he/she knows about a urinalysis test.

Example:

The unit commander has ordered a urinalysis test on Monday for all members of the unit. Before receiving an order or having knowledge of a pending test to appear for a urinalysis, a soldier approaches the platoon sergeant, admits having used illegal drugs over the weekend, and indicates a desire to receive help.

Is a soldier protected under the limited use policy from having any adverse action against them?

Yes. The soldier needs to disclose all drugs they have in their system. Failure to do so, renders the Self-Refer null and void and will be processed as a DAT positive packet.

The “Limited Use Policy”:

- Helps identify alcohol and drug abusers by encouraging identification through self-referral. It is not intended to protect a member who is attempting to avoid disciplinary or adverse administrative action
- Protects the soldier if they provide a sample for the urinalysis, and the results come back positive if they’ve self-referred before knowing about a urinalysis test.

The “Limited Use Policy” cont:

- States that if the commander is made aware of a soldier’s illegal drug use through the soldier’s self-referral, the requirement to initiate separation proceedings does not apply.

Can you self-refer again after completing treatment?

- If you self-refer because you have a drug problem and you complete treatment, you cannot self-refer again. You will be considered a rehab failure and will be processed for separation.

**WHAT DO I DO IF A SOLDIER
SELF REFERS?**

SELF REFERRAL PROCESS:

SELF REFERRAL PROCESS:

- You (the soldier) goes to the Commander, Readiness NCO, or Unit Prevention Leader (UPL) and tell them that you have a problem.
- The soldier and the person you talked to, will go to the Commander and let him/her know that you want to self refer.
- The Commander will start the self referral paperwork (packet located under J9 in Substance Abuse on the INNG website)

Self-Referral Paperwork

1. Explain/ Complete the Right's Warning Statement with soldier. Counsel/ advise soldier of rights under the appropriate provisions of the State law pertaining to self incrimination (DA Form 3881) .
2. Explain "Limited Use Policy" to soldier.
3. Complete DA Form 4856 for referral to the Prevention Coordinator for treatment coordination.

Soldier must be advised of the following IAW AR 600-85:

- They must be screened/evaluated within 30 days of the command counseling session.
- The Command needs to randomly test the soldier's urine monthly after soldier has started the rehab process.
- They are responsible for all costs incurred in any referral/ rehabilitation programs.
- They must sign a consent statement that allows the treatment personnel to share necessary treatment information with the unit

Cont.

- Failure to participate in and successfully complete approved State or ASAP counseling and treatment program, or the refusal to sign a consent form to release information to the unit commander, will result in process for separation under AR 135-175 or AR 135-178.
- Medical release completed and signed

Cont.

- Prevention Coordinator contacted, soldier given PC contact information.
- Documentation to be kept on file by the Prevention Coordinator's office and forwarded to Drug Testing Coordinator as necessary.

Who pays for rehabilitation?

- It is the responsibility of the soldier or airman to pay for his or her rehabilitation expenses.
- The rehabilitation must be through a Indiana certified center for treatment.
- Soldier must be screened /evaluated within 30 days of the command counseling session.

Free Initial Assessment

Fairbanks rehab clinic

8102 Clearvista Pkwy Indianapolis, IN

317-849-8222

Inform the clinic that you are with the INNG and self-referred to your command. How you need to schedule an initial assessment. If they ask for payment for an initial assessment contact my office at your earliest convenience. No fee should be sought for an initial assessment.

QUESTIONS?

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